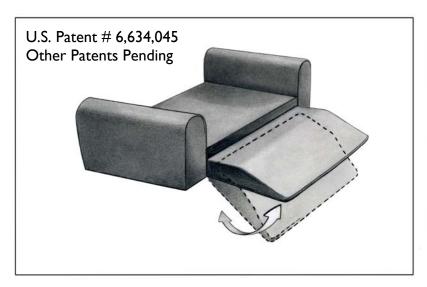
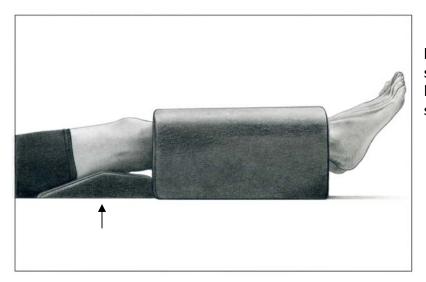
## Intensive Therapeutics, Inc. HeelZup® Heel Elevating Cushion with Thigh Support Instruction Sheet



The thigh support is attached to the cushion with a hinge-style seam. Please make sure that the thigh support is unfolded. DO NOT use the cushion with the thigh support folded beneath the HeelZup® Cushion.



Gently raise both legs of the patient and place the HeelZup® Cushion under the legs with both heels fully suspended.



Position the thigh support underneath the thigh and make sure the heels are suspended off of the end of the HeelZup® Cushion as shown. Note that the thigh support is supporting the thighs.

For more leg elevation or to enhance patient comfort you may place a pillow on top of the HeelZup® Cushion. The raised borders will hold the pillow in place, preventing lateral movement. Always inspect for skin integrity every two hours.

To clean Reusable HeelZup® Cushions, wipe down the moisture-proof nylon cover with any properly diluted disinfectant solution according to manufacturer's instructions. You may also use a 10:1 bleach water solution. Allow to air dry before using. Do not launder the cover or place it in a dryer.

## **Questions?**

Contact your authorized HeelZup® distributor or call Intensive Therapeutics, Inc. toll free at 866-736-8484.